

Community Health Needs Assessment Implementation Strategy for:

Lake Ridge Surgery Center

Adoption Date: March 9, 2016

This implementation strategy identifies the actions that LRSC and the hospital is undertaking to address the health problems identified in the community health needs assessment, consistent with the requirements described in section 501(r)(3) of the Internal Revenue Code per the Patient Protection and Affordable Care Act.

These actions include those activities in which LRSC and the hospital is currently involved and intends to continue. The actions also include modifications to existing activities and/or new activities that will take place consistent with the identified needs. The actions are guided by LRSC and the hospital’s mission and goals and in turn are incorporated into LRSC and the hospital’s operational plans.

Health Problem	Implementation Strategy
Problem #1: Obesity	<ul style="list-style-type: none">• Collaborate and engage local community stakeholders in efforts to improve healthy lifestyle behaviors with specific focus on nutrition and physical activity, directing patients to:<ul style="list-style-type: none">○ Virginia Cooperative Extension○ Local Farmer’s Markets○ Food Markets in local area:<ul style="list-style-type: none">▪ Wegman’s, TODOS, Whole Foods
Problem #2: Diabetes	<ul style="list-style-type: none">• Collaborate with the:<ul style="list-style-type: none">○ Area Free Clinic
Problem #3: Uninsured and Underinsured	<ul style="list-style-type: none">• Continue to work with the Free Clinic and the physician offices to provide Financial Assistance to the community